

## Parents

“What happens after I grant permission?”

Steps the PESA Team will take include the following:

- Gather specific information from staff members that have contact with your child and are knowledgeable about your child’s performance at school.
- Work with you to develop a plan of action to help your child achieve success in school. The plan may include activities at school and/or services provided by a community agency.
- If necessary, the PESA Team will discuss the services available through community agencies and contact information.
- Your regular involvement is extremely important. The PESA Team will continue to assist and support your child. Also, the team will communicate with you about your child’s progress and success in school.



## Community Resources

|  |                                |
|--|--------------------------------|
| Alcohol Hotline                              | 1-800-252-6465                 |
| Child Line Abuse                             | 1-800-932-0313                 |
| Dauphin County Children & Youth Services     | 717-255-2870                   |
| Dauphin County Crisis                        | 717-232-7511                   |
| Dauphin County Commission on Drugs & Alcohol | 717-635-2250                   |
| Family & Children Services                   | 717-238-8118                   |
| Gaudenzia Outpatient                         | 717-233-3424                   |
| Hershey Medical Center                       | 717-531-8521                   |
| Keystone Children & Family Services          | 717-541-9620                   |
| Rape Crisis                                  | 717-238-7273                   |
| Teenline                                     | 1-800-763-2345<br>717-722-5385 |

As an equal opportunity employer, the Central Dauphin School District offers instructional programs and employment without regard to race, color, religion, national origin, sex, age, ancestry, or handicap. For the benefit of all students and employees, the Central Dauphin School District has a formal grievance procedure designed to protect individual rights in all situations including Title IX. For information regarding civil rights or grievance procedures, services, activities, and facilities that are accessible to and usable by handicapped persons, contact the Office of the Superintendent, Administration Building, 600 Rutherford Road, Harrisburg, PA 17109, (717) 545-4703.

# PESA



Paxtang Elementary  
Student Assistance

A Student Assistance Program

Paxtang Elementary School  
3530 Rutherford Street  
Harrisburg, PA 17111

Office (717) 561-1781  
Fax (717) 561-4992

## Student Assistance Program (SAP)

Paxtang Elementary School has made a commitment to the Pennsylvania Department of Education to provide a Student Assistance Program (SAP). The program is designed to:

- Provide prevention based activities and programs.
- Accept referrals of students experiencing barriers to learning and school such as alcohol or drug use, depression, anxiety, grief or other concerns.
- Intervene and refer these students to the appropriate school or community resources. SAP is a prevention and intervention, not a treatment program.

The Student Assistance Program is a voluntary process designed to gather data to aid in the assessment of a student's need for assistance. Active involvement of the parent and student is a key component of the process and success of the program.

The school made its decision to provide a Student Assistance Program because of its commitment to provide a safe, caring, and orderly environment. The Student Assistance Program (SAP) at Paxtang Elementary School is entitled Paxtang Elementary Student Assistance (PESA).

## Referral Process

Referrals to the Student Assistance Program may be submitted by teacher, staff, parents, students, or self-referral. Also, any student that violates the Central Dauphin School District Drug and Alcohol Policy will automatically be referred to the program.

## Warning Signs

- Declining or sudden drop in grades
- Increasing absenteeism or tardiness
- Changing eating and/or sleeping habits
- Losing interest in hobbies, sports and favorite activities
- Withdrawing from family, friends, and school
- Changing friends
- Deteriorating personal appearance
- Increasing moodiness or anger, depressed mood
- Talking about suicide
- Defying school authority at home or school
- Acting aggressive
- Experimenting with drugs and/or alcohol

## Other Possible Concerns

- Recent Death of a Loved One
- Divorce of Parents
- Family Relocation
- Stressed Relationship
- Traumatic Event

## Paxtang Elementary Student Assistance (PESA)

The PESA Team is comprised of school administrators, counselors, teachers, nurse, psychologist, and staff. Members of the team have received extensive training and education provided by the PA Department of Education. Program funding is provided by the Federal Safe and Drug Free Schools, Community Act Grant, and school district.

Community agency representatives work closely with the Team. Provided parental consent Chemical Dependency Counselors, Mental Health Professionals, and School Resource Officers may meet with students referred to the program.

## PESA Team Members

|                |                             |
|----------------|-----------------------------|
| Mr. Stewart    | Principal                   |
| Mrs. Burns     | Counselor                   |
| Mrs. Pavusek   | Intervention Specialist     |
| Mrs. Burgdorf  | Learning Support Specialist |
| Mrs. Beers     | Classroom Teacher           |
| Mrs. Cederberg | Nurse                       |

