

Call for Entries!

UCP Central PA/ SchmidtKramer *expressions* contest 2016-17

Express yourself...

- your words or pictures
- your imagination
- your effort
- your creation
- your style

(but it's still our rules!)



this could be you!

Shown above, Katie, Matt, and John Kocsis -- over an eight year period -- all submitted winning essays in their age group in the Expressions Contest or its precursor the Attitudes Essay Contest.

THE PURPOSE OF THE CONTEST

is to encourage school-age children and youth in grades 3-12 to express themselves on the topic of *life without limits for people of all abilities*. Are you living with a particular challenge, disability, or special need? Do you have a friend, sibling or other family member who is? *If so, share your experience with us. It just might prove to be a winner!*

excerpt from a winning expression

"My brother, Matt, was born with a medical condition called Hydrocephalus, or water on the brain. The illness and its complications caused him to endure 93 brain surgeries, all in the first 14 years of his life.... Matt made up his mind that nothing was going to get in the way of claiming his life back. However, it wasn't going to be an easy task. It can't be easy to fight your way back from 93 brain surgeries, two strokes, left side paralysis, short-term memory loss, and a seizure disorder.... Nobody knew he could do it; nobody knew how he did it, but he did. Matt put up a fight for everything that came at him. Nobody said fighting for your life was going to be easy, but that's why they call it a fight."

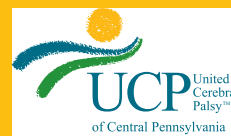
*~ Katie Kocsis 2016 Writing Expression
Second place, Grade 9-12*

WHAT ARE ACCEPTABLE FORMS OF EXPRESSION?

- Original writing:
 - Essay
 - Poetry
 - Short Story
- Original picture:
 - Photo
 - Drawing or painting (no 3D pictures please!)

WHAT'S IN IT FOR YOU?

- OPPORTUNITY FOR CASH PRIZES
- PUBLIC RECOGNITION
- BRAGGING RIGHTS!



LEARN MORE. SUBMIT YOUR ENTRY.
WWW.EXPRESSIONSCONTEST.ORG
OR CONTACT LYNDA BOWEN 717.975.0611
Deadline for entries: Friday, March 3, 2017