

2019 Keystone Fury Girls Rec Lacrosse

Open to girls in the CDSD as well as surrounding districts that do not have programs.

Who: 1st-8th grade girls interested in joining a rec team to learn and play girls lacrosse.

What: Girls will have the opportunity to join a team with their peers to learn the skills of lacrosse while participating in organized practices, league games, and scheduled tournaments ***No Experience Necessary***

Where: Practices will be held within the CDSD territory (previously CDEHS or CDMS), specific locations TBD. Some practices may be scheduled indoors at various locations. Games/Tournaments at various locations throughout the mid-state. Schedule to follow, based on grade level.

When: Practice: Mondays/Wednesdays 5:00-7:00 pm. (An optional Thursday practice may be added for preseason.) Games/Tournaments generally Saturday mornings/afternoons with occasional Sundays. Season will run roughly from the beginning of March to mid-May.

*Our 5-7pm practice time, allows girls to participate in other school sports!

Equipment: Each player is REQUIRED to bring a GIRL'S lacrosse stick, goggles, sneakers/cleats, and a mouth guard. *(Cleats are preferred)*
-Equipment can be purchased at , Angelo's Soccer Corner, as well as online avenues such as Ebay, Facebook Marketplace, etc.

Registration: Registrations can be done online or through the mail

Online: [2019 Season Registration](#)

(If you are viewing this on our website, please refer to the registration tab, this link will not work)

Mailed: 402 Trudy Rd, Harrisburg, PA 17109

Prior to registration, each player must be a [registered member of US Lacrosse](#) for insurance reasons.

Fee: Non-refundable \$125 for all age groups.

(Fee includes: coaching fees, equipment, administrative fees, league fees, tournament fees, etc).

Questions:

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KF Youth Girls/CDE Assistant Coach

Social Media:

Facebook: [Keystone Fury Girls Lax](#)
Twitter: [@KeystoneFuryLax](#)
Google Site: [Keystone Fury Lax](#)